

BMS-Sports
Bernardsville Middle School Sports

Player Permission Form

This form will enable a student to try-out for a sports team at Bernardsville Middle School. Please complete this form and submit **along with** the required Athletic Physical Forms and/or Health History Update Form and Emergency Information Form.

Forms should be in a sealed envelope and dropped off at the BMS main office.

Name: (Last) _____ (First) _____

Sport: _____ Grade: _____
(List grade student will be in during season)

Sex: Male or Female Parent Email: _____
(Please PRINT Email address legibly!!!!)

I give permission for my son/daughter to participate in the BMS- sports program. Realizing that such participation involves the potential for injury which is inherent in all athletic activities, I acknowledge that, even with the best coaching, use of the most advanced protective equipment, and strict observance of the rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death. I acknowledge that I have read and fully understand this warning

Parent/Guardian Name: _____

Home #: _____ Cell#: _____

NJ State regulations require student's participating in middle school sports to submit a NJ Annual Athletic Pre Participation Physical Form valid for 365 days from the student's physical date. This date must fall before the first day of participation. Otherwise, a new form is required. In addition, a NJ Health History Questionnaire Health History questionnaire needs to be completed and submitted if the physical is 90 days old on the first day of practice/tryouts.

Forms can be found at the BMS web page at www.shsd.org, click on BMS-Sports.

Attached Documents:

_____ NJ Annual Athletic Pre Participation Physical Form (including eye exam)

_____ NJ Health History Questionnaire- Must be completed if physical is 90 days old on day of first practice/tryouts.

_____ Emergency Medical/Contact Form

_____ Sudden Cardiac Death Pamphlet Sign off sheet

_____ Concussion Form (page 2 – signed)

If you have any questions – contact Athletic Coordinator – Karen Ball bmssportsinfo@gmail.com